

## **LESSON 58 - WARRIOR MINDSET**

### **Gain Victory Over Satan By Changing Your Focus**

By Brian S. Holmes

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**D**epleted, deflated, depressed, and directionless. Does that describe you? It shouldn't! Everyone who follows Jesus has already overcome sin, death, demons, and Hell. We're soldiers in a war with a clear mission and we've been guaranteed to be victorious in the final analysis. So why don't we: *think* like it, *feel* like it, or *act* like it? It's because it's easier to live in the now and be of the word. We rely on and trust our physical senses more than our spiritual discernment. We trust all the thoughts entering our minds instead of testing them. But our minds are literally the battleground where we fight against our enemy. We pay more attention to our loud, unreasonable human emotions rather than the quiet prompting and wisdom of the Holy Spirit. Satan knows this and uses it against us. It's why most demonic strongholds are thought, belief, and emotion-based. Your victory will come when you change your focus from whiner to winner, from wimp to warrior. Inspired by the book [Demon Proofing Prayers](#), this lesson will equip you to be a better spiritual warrior.

***1. THINK Like A Spiritual Warrior.*** Warfare isn't optional. You're already in the war. You're either on the sideline making it easy for Satan's kingdom, or you're fighting the good fight advancing God's kingdom. Get your mind right. Your destiny is greatness. One day you'll be resurrected, glorified, and be like Jesus. You'll live forever as part of God's family. Every trial you endure now for God's glory is storing up eternal treasures and rewards for you in Heaven. Yes, you will continue to have battles in this life, but the war has already been won. All of this is your calling. So stand firm like David against Goliath. Trust in the Gospel, your relationship with God, and the promises of God, more than you do in how things look on the outside to others with non-discerning eyes. Don't believe the enemy's lie that your life circumstances determine if you're victorious. You can be victorious in every battle. But remember, measure victory by God's standards, not the world's. Victory for Jesus in the world, was not a crown, but a cross. You will be victorious the same way now - first with a cross, and later with a crown! Victory for Jesus and Job was not found in their prosperity, but in their humility. Victory for you and me will be the same. So trust God and pursue His will with confidence and boldness. You can be victorious in every circumstance—regardless of what it is—if you surrender it to God and let Him guide you through it. You're no longer a victim of your past, of your present circumstances, or of future trials. You're an overcomer of these things! Be a warrior, not a wimp. Stop believing you're just a survivor and be a thriver!

***2. FEEL Like A Spiritual Warrior.*** It's not enough to just get your mind right. You need to get your heart right. Human emotion has a lot of power. It can make the hardest, toughest murderer cry like a helpless infant. It can make the most intellectual, rational person act impulsively and foolishly. Some emotions we never want to feel: depression, anxiety, fear, insecurity, bitterness, anger, self-condemnation. Emotions like these will cripple soldiers, making us totally ineffective in this war. To fight and be victorious you need to know where your feelings are coming from. Just because you feel something doesn't mean that you *should*. Demons can afflict

our emotions. You could *feel* emotionally broken without even *being* broken. You could feel anger or hate or lust without it coming from within you. Recognize when you feel bad but there's no legitimate, logical reason to. Or if you're tormented by your past sins, along with guilt and shame, even though you know your past has been forgiven and put under the blood of Jesus. Rebuke toxic emotions as potentially demonic attacks. Just call them out by name and boldly take authority against it. Fear, anxiety, shame, depression, etc. I command you to get out, right now, in Jesus name! You have no right to be in me or in this place! Remember, greater is He that is in you than he who is in the world (1 John 4:4). Jesus gave us authority to tread on demons and over all the power of Satan (Luke 10:19). Another area of demon attack is relationships: spouses, family, friends, romantic partners, and other church members. There's no such thing as a perfect (church, marriage, fill in the blank). Relationships can be tough but soldiers in God's army weren't meant to fight alone. We're meant to fight in platoons with partners that have our backs. So pursue unity in love and mission. Don't let Satan poison your heart with unforgiveness or bitterness from your past hurts. We've all been hurt by others, and we've all hurt other people, whether intentionally or not. It's going to happen, so prepare for it emotionally. Not if, but when you get hurt, bring your emotions to God and let Him heal them. Be vulnerable with trusted people, talk and pray through your issues. If you don't, Satan will use those toxic emotions to isolate and immobilize or destroy you. Be quick to forgive, love, and seek unity in the Body of Christ. And surround yourself with godly people.

**3. ACT Like A Spiritual Warrior.** Jesus has already won the war. You're a winner already so start acting like it. Stop whining about whatever bad thing happened, is happening, or could happen. Embrace every trial as an opportunity to become like Jesus by picking up the cross that He has laid in front you. Lean into God for strength, wisdom, and guidance. Influence the outcome for good however you're able. Practice what you preach. Don't just know what God wants, model it. A fruit of the Holy Spirit is self control. Live a disciplined life. Don't be a loser, be a leader. Lead yourself well first, then lead your marriage, family, and others. Be an example to everyone. Satan exploits our greed, selfishness, and love of money, pleasure, and comfort. This is one of the best ways he gets us to sit on the sideline. By either striving to become more at-ease and comfortable, or to be busy and overworked focusing on career advancement, vacations, hobbies, and worldly activities. You're in a spiritual war, act like it! Fight against the enemy. Rescue the captives still in bondage. Be a giver, not a taker. Focus your giving on the things that matter most to God. Give generously of your time, money, and talent to God's kingdom advancement efforts. Be optimistic and ambitious. Don't be a dreamer, be an achiever. A good soldier knows his objectives and tasks need to be aligned with the strategy and execution of his commanding officer. Prayerfully, thoughtfully, seek God's will in everything. Be in alignment with your church. Diligently make plans and wise preparations, and then execute them with integrity, excellence, and discipline.

*Declare this:* I'm a soldier in the army of God! I surrender all I am to my commander Jesus. I'm a fierce and dependable warrior. I can't lose; we have already won. Faith is my shield. I shall not fear. With God all things are possible. He is with me and He comforts me. I don't fight for temporary victory but for eternal purpose. I wield the Sword of the Spirit, the Word of God. Nothing can separate me from God's love. I shall triumph over evil. Satan's lies and destruction must be confronted. I'm motivated not by selfishness but sacrifice and service.

*Let's pray.* LORD God, make me a spiritual warrior like Jesus. Baptize and fill me with Your Spirit. Make me faithful, brave, persistent, urgent, militant, and persevering. Empower me to victory. In Jesus' name. Amen.